

ROUTING SLIP FOR INVOICES

DATE June 25, 2018

CONTRACTOR Caring to Love

CFMS 2000224936

MONTH OF SERVICE April 2018 Supp

TO LeBlanc

INITIAL REVIEW 

DATE 7/31/18

FSPS2 REVIEW _____

DATE _____

Program Manager 1/2 _____

DATE _____

POSTED TO SPREADSHEET 

SENT TO FISCAL 7/5/18

EQUIPMENT TO BE TAGGED? no

ADVANCE RECOUPMENT? _____

COMMENTS:

*not reimbursed on original invoice
fee formula not allowed*



DEPARTMENT OF CHILDREN AND FAMILY SERVICES
Cost Reimbursement Invoice Form

Caring To Love Ministries

Contractor Name 3813 N Flannery Rd	Received
Mailing Address Baton Rouge, LA 70814	JUN 25 2018
City, State, Zip Dorothy Wallis / 225-273-1124	DCFS
Contact Person/Telephone Number	Economic Stability

April 2018 Supplemental

Service Period 2000 224936
Contractor/PO# 2000-224936-0418SUPP
Invoice Number 224936 4185

EXPENDITURES

EXPENDITURE CATEGORY	APPROVED BUDGET	CURRENT PERIOD EXPENDITURES	PRIOR PERIOD EXPENDITURES	CUMMULATIVE EXPENDITURES	REMAINING CONTRACT BALANCE	COST SHARING
(A)	(B)	(C)	(D)	(E)	(F)	(G)
PERSONNEL	\$ 72,960.00	\$ -	\$ 48,922.40	\$ 48,922.40	\$ 24,037.60	
FRINGE BENEFITS	\$ 10,309.44	\$ -	\$ 7,151.20	\$ 7,151.20	\$ 3,158.24	
TRAVEL	\$ 1,080.00	\$ -	\$ 1,080.00	\$ 1,080.00	\$ -	
OPERATING SERVICES	\$ 60,370.56	\$ 1,688.00	\$ 44,815.94	\$ 47,481.94	\$ 12,888.62	
MAT/SUPPLIES	\$ -	\$ -	\$ -	\$ -	\$ -	
PROFESSIONAL SERVICES	\$ 94,200.00	\$ -	\$ 74,268.75	\$ 74,268.75	\$ 19,931.25	
OTHER CHARGES	\$ 434,880.00	\$ -	\$ 390,900.00	\$ 390,900.00	\$ 43,980.00	
EQUIPMENT/ACQUISITIONS		\$ -	\$ -	\$ -	\$ -	
INDIRECT COST	\$ 57,000.00	\$ -	\$ 47,500.00	\$ 47,500.00	\$ 9,500.00	
TOTALS	\$ 730,800.00	\$ 1,688.00	\$ 614,638.29	\$ 617,304.29	\$ 113,495.71	\$ -

Contractor Certification

I certify that the expenditures detailed above are correct, that payment for these services has not been previously issued, and that the services were rendered in accordance with the terms and conditions of the contract.

Dorothy Wallis, President/CEO
Signature of Authorized Contractor Representative and Title

6/11/2018
Date

FOR DCFS USE ONLY					
DCFS Invoice Number	Org	Obj	Rep Cat	Sub Obj	ACTV
224936 4185	274	3740	5071	line 2	
	Org	Obj	Rep Cat	Sub Obj	ACTV
	Org	Obj	Rep Cat	Sub Obj	ACTV

Program Compliance Approval	I certify that the expenditures have been reviewed in accordance with contract and program guidelines and deliverables have been received. <i>Donna Brown</i> Signature and Title of Authorized DCFS Official
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free formula at 224936 4185
Plaine Blane 7/3/18

**LIFE CHOICE PROJECT
PROVIDER REQUEST FOR PAYMENT
COST REIMBURSEMENT INVOICE**

CONTRACTOR: Caring to Love Ministries
SERVICE PROVIDED: Abortion Alternative-Statewide

ADDRESS 3813 N. Flannery Rd.
Baton Rouge, LA 70814
CONTACT PERSON: Dorothy Wallis
TITLE: President/CEO

REPORT CATEGORY # 5071
P. O. # 2000 224936
GRS ORG CODE # 4274
OBJECT CODE 3740
INVOICE # 2000224936-0418SUPP
PHONE # 225-273-1124

MONTH & YEAR April 2018 SUPP
PARISH SERVED: Statewide

CUMM PREVIOUS 1st MONTH PARTICIPANTS 1878
1st MONTH PARTICIPANTS SERVED THIS MONTH: 0
CUMMULATIVE 1st MONTH PARTICIPANTS 1878

SECTION A-SALARY

Services Coordinator	Sanaretha Gray	0.00	
Home Prenatal Care Nurse	Kim Hardee	0.00	
Home Prenatal Care Educator	J Monic Adams	0.00	
Clerical Support Specialist	Margaret Thompson	0.00	
TOTAL SALARIES-Direct Svcs		0.00	0.00

SECTION B - FRINGE

Insurance	Direct Services	0.00	
FICA	Direct Services	0.00	
Worker's Compensation	Direct Services	0.00	
TOTAL FRINGES-Direct Svcs		0.00	0.00

SECTION C - TRAVEL

Travel	Direct Services	0.00	
Travel	Direct Services	0.00	
TOTAL TRAVEL-Direct Svcs		0.00	

SECTION D - OPERATING EXPENSES

Printing	Direct Services	0.00	
Printing	Direct Services	0.00	
Office Supplies	Direct Services	0.00	
Copy Machine	Direct Services	0.00	
Internet Service	Direct Services	0.00	
Media	Direct Services	2,666.00	
Website	Direct Services	0.00	
KNOWforSURE	Direct Services	0.00	
TOTAL OPERATING EXPENSES FOR MONTH		2,666.00	

all dated April
0.00
1,299.00 +
978.00 +
389.00 +
2,666.00 *

2,666.00 +
free - 978.00 -
formula 1,688.00 *
ad dollars 0.00

0.00
1,299.00 +
389.00 +
1,688.00 *
0.00

**LIFE CHOICE PROJECT
PROVIDER REQUEST FOR PAYMENT
COST REIMBURSEMENT INVOICE**

CONTRACTOR: Caring to Love Ministries

SECTION F - PROFESSIONAL

Accounting Services	Vickie Davis	0.00
Performance Improvement Co	Garcia Bodley	0.00
Public Relations/Media Coord	Randy Rice	0.00
Webmaster/Info Tech Cons.	Kathleen Benfield	0.00
Information Technology Cons.	Turnkey	0.00
Auditor Services	Michael Choate, CPA	0.00

	JHam/Rita	
Professional Technical Svc	Michelle/Emily/Alexis	0.00

TOTAL PROFESSIONAL	0.00	0.00	0.00
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SECTION G-OTHER CHARGES

<u>Client Services:</u>	<u>Cost</u>	<u># Clients</u>	<u>TOTALS</u>
Intake Application Process	\$ 10.00	-	0.00
Positive Pregnancy Test	\$ 10.00	-	0.00
Negative Pregnancy Test	\$ 10.00	-	0.00
Abstinence Education	\$ 30.00	-	0.00
Counseling	\$ 40.00	-	0.00
Referral Services	\$ 10.00	-	0.00
Health Risk Assessment	\$ 30.00	-	0.00
Care Plan Development	\$ 30.00	-	0.00
On-going Care	\$ 30.00	-	0.00
Family Support Services	\$ 40.00	-	0.00
Home Outreach Support Services	\$ 75.00	-	0.00
Birth Outcome Confirmation	\$ 40.00	-	0.00

TOTAL OTHER CHARGES	0.00
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SECTION I - INDIRECT COST

Project Administrator	Dorothy Wallis	-
Health Insurance		-

TOTAL INDIRECT COST	-
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TOTAL INVOICE	\$ 2,666.00
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Authorized Signature per Dorothy Wallis

Project Administrator	6/11/2018
	Date

OFS Approval	Telephone Number	6/11/2018
		Date

*NOTE-If space is not sufficient, make reference to change on this form and include detailed attachment.

MAIL TO: OM&F FISCAL
PAYMENT MANAGEMENT/CONTRACTS
PO BOX 3927
BATON ROUGE, LOUISIANA



GULF COAST BANK
& Trust Company

Gulf Coast Bank and Trust Company LCP CHECKING 6649

Last Updated: 6/13/2018 7:27 AM

\$6,905.96
Available Balance

Start Date	End Date	Transaction Type
6/6/2018	<input type="text" value="31"/> to 6/13/2018 <input type="text" value="31"/>	
Min Amount	Max Amount	Check #
	\$0.00 to \$0.00	to

Apply Filters

Reset

Date	Description	Amount
JUN 12 2018	CPC-May 2018	(\$9,540.00)
JUN 12 2018	APC-May 2018	(\$5,185.00)
JUN 12 2018	Restoration-May 2018	(\$3,195.00)
JUN 12 2018	WRC-May 2018	(\$2,905.00)
JUN 12 2018	Access Catholic-May 2018	(\$1,770.00)
JUN 12 2018	CPC RV-May 2018	(\$1,680.00)
JUN 12 2018	CPC Gonzales-May 2018	(\$1,545.00)
JUN 12 2018	S Gray-May 2018	(\$250.00)
JUN 12 2018	E Ilgenfritz-May 2018	(\$150.00)

JUN 11 2018	☒ Check - 1147	(\$875.00)
JUN 6 2018	D Wallis-May 2018	(\$4,500.00)
JUN 6 2018	Media-April 2018	(\$2,666.00)
JUN 6 2018	Direct Mailing-May 2018	(\$2,200.00)
JUN 6 2018	Women's Resources 4 Comm-May 2018	(\$1,200.00)
JUN 6 2018	SFW May 2018	(\$875.00)
JUN 6 2018	JHam-May 2018	(\$800.00)
JUN 6 2018	A Pregnancy Ctr Office Supp-May 2018	(\$709.00)
JUN 6 2018	Randy Rice Public Relations-May 2018	(\$700.00)
JUN 6 2018	CPC-Office Supplies May 2018	(\$586.88)
JUN 6 2018	M Dyess-May 2018	(\$500.00)
JUN 6 2018	Kathleen Benfield-May 2018	(\$487.50)
JUN 6 2018	Women's Resource Office Supp-May 2018	(\$366.00)
JUN 6 2018	Restoration Office Supp-May 2018	(\$311.00)
JUN 6 2018	A Farrugia-May 2018	(\$150.00)
JUN 6 2018	Access Catholic Office Supplies-May 2018	(\$141.08)
JUN 6 2018	CPC Gonzales Office Supp-May 2018	(\$91.00)

8221 Summa Ave Suite C
Baton Rouge, LA 70809-3451

Gandy Rice

DATE	INVOICE #
4/30/2018	14004

DESCRIPTION	AMOUNT
April Advertising	
WBMX Radio - Louisiana Life Choice	1,367.00
WFME Radio - Louisiana Life Choice	1,299.00
Total Reimbursable Expenses	2,666.00
PO# 2000 224936-0418SUPP	
SECTION D-Operating Expense-Media	
LCP Budget to reimburse CTLM = \$2666.00 Randy Rice & Assoc	
Thank you for your business.	Total 2,666.00



Invoice Number: 5512427057

Invoice Details

Market: Baton Rouge

Station: WFME-FM

Order Line	Product Type	Ordered	Day(s)	Daypart	Rate		
1	Spot	Commercial	MTW	14:30:00-19:29:59	\$20.00		
		<u>AIRER</u>	<u>ISCI/SPOT TITLE</u>	<u>DATE</u>	<u>TIME</u>	<u>LEN</u>	<u>MG</u>
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	2:47 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	3:14 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	4:15 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	5:15 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	6:45 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	2:50 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	3:18 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	4:14 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	6:17 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	6:43 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	2:47 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	3:43 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/11/2018	5:16 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	5:44 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	2:50 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	3:15 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	5:45 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	6:18 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	6:43 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	2:49 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	3:50 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	4:47 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	6:45 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	7:15 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	2:45 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/18/2018	3:43 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	4:15 pm	15	\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	6:15 pm	15	\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	2:47 pm	15	\$20.00



Invoice Number: 5512427057

Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart				Rate
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	3:44 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	5:18 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	5:42 pm	15		\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	6:20 pm	15		\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	2:48 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	3:16 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	4:43 pm	15		\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	5:17 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	6:17 pm	15		\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/25/2018	2:48 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	3:16 pm	15		\$20.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	6:19 pm	15		\$20.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/25/2018	7:14 pm	15		\$20.00
2	Spot	Commercial	MTW	19:00:00-23:59:58				\$6.00
		<u>AIR</u>	<u>ISCI/SPOT TITLE</u>	<u>DATE</u>	<u>TIME</u>	<u>LEN</u>	<u>MG</u>	<u>RATE</u>
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	7:47 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	8:21 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	9:16 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	10:14 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	11:13 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	7:44 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	8:12 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	9:46 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	10:47 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	11:13 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	7:47 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/11/2018	8:43 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	9:45 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/11/2018	10:45 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	11:11 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	8:15 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	8:42 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	9:18 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	9:41 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	11:13 pm	15		\$6.00



Invoice Number: 5512427057

Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart			Rate	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	7:46 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	8:14 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	8:50 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	10:41 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	11:43 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/18/2018	7:48 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	8:46 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	9:23 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/18/2018	9:49 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	11:42 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	7:48 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	8:46 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	9:46 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	10:43 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	11:43 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	7:46 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	8:42 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	9:50 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	10:45 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	11:43 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	7:47 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/25/2018	8:46 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	9:47 pm	15	\$6.00	
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	11:13 pm	15	\$6.00	
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/25/2018	11:45 pm	15	\$6.00	
3	Spot	Commercial	MTW	00:00:00-02:59:59			\$1.00	
		AIRED	ISCI/SPOT TITLE	DATE	TIME	LEN	MG	RATE
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	12:38 am	15		\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	1:11 am	15		\$1.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	2:38 am	15		\$1.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	12:11 am	15		\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	1:33 am	15		\$1.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	2:12 am	15		\$1.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/11/2018	12:39 am	15		\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	1:12 am	15		\$1.00



Invoice Number:

5512427057

Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart			Rate
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/11/2018	2:11 am	15	\$1.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	12:11 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	1:39 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	2:42 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	12:40 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	1:36 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	2:42 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	12:13 am	15	\$1.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/18/2018	1:37 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	2:11 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	12:12 am	15	\$1.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	1:37 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	2:15 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	12:40 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	1:40 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	2:42 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	12:15 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	1:41 am	15	\$1.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	2:15 am	15	\$1.00
4	Spot	Commercial	S	19:00:00-23:59:58			\$6.00
		<u>AIRCD</u>	<u>ISCI/SPOT TITLE</u>	<u>DATE</u>	<u>TIME</u>	<u>LEN</u> <u>MG</u>	<u>RATE</u>
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	7:45 pm	15	\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/14/2018	8:19 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	9:41 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	10:43 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	11:41 pm	15	\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/21/2018	7:41 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/21/2018	8:12 pm	15	\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/21/2018	9:14 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/21/2018	10:43 pm	15	\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/21/2018	11:41 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/28/2018	7:45 pm	15	\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/28/2018	8:42 pm	15	\$6.00



Invoice Number: 5512427057

Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart				Rate
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/28/2018	9:16 pm	15		\$6.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/28/2018	10:42 pm	15		\$6.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/28/2018	11:41 pm	15		\$6.00
5	Spot	Commercial	MTWThFSSn	15:00:00-23:59:58				\$0.00
		<u>Aired</u>	<u>ISCI/SPOT TITLE</u>	<u>DATE</u>	<u>TIME</u>	<u>LEN</u>	<u>MG</u>	<u>RATE</u>
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	9:47 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	10:44 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	10:14 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	11:43 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	10:15 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	11:41 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/12/2018	7:48 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/12/2018	10:41 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/13/2018	10:48 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/13/2018	11:13 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	8:44 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/14/2018	10:16 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/15/2018	11:14 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/15/2018	11:45 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	10:41 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	11:44 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	9:49 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	11:13 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	10:43 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	11:12 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/19/2018	8:16 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/19/2018	9:18 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/20/2018	7:50 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/20/2018	9:21 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/21/2018	8:40 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/21/2018	11:14 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/22/2018	8:46 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/22/2018	11:47 pm	15		\$0.00



Invoice Number: 5512427057

Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart				Rate
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	8:13 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	9:17 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	8:12 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	11:15 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	8:17 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	10:14 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/26/2018	8:15 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/26/2018	9:46 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/27/2018	8:13 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/27/2018	10:48 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/28/2018	9:43 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/28/2018	10:14 pm	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/29/2018	8:16 pm	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/29/2018	10:47 pm	15		\$0.00
6	Spot	Commercial	MTWThFSSn	00:00:00-02:59:59				\$0.00
		Aired	ISCI/SPOT TITLE	DATE	TIME	LEN	MG	RATE
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	12:12 am	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	2:13 am	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	12:36 am	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	1:09 am	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	1:40 am	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	2:36 am	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/12/2018	2:09 am	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/12/2018	2:37 am	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/13/2018	12:13 am	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/13/2018	1:38 am	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	1:13 am	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/14/2018	2:39 am	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/15/2018	12:12 am	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/15/2018	1:11 am	15		\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	12:35 am	15		\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	2:16 am	15		\$0.00



Invoice Number: 5512427057

Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart			Rate
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	1:12 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	2:15 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	12:39 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	2:37 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/19/2018	12:13 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/19/2018	2:35 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/20/2018	12:40 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/20/2018	1:11 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/21/2018	1:14 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/21/2018	1:44 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/22/2018	12:38 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/22/2018	2:40 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	1:13 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	2:42 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	12:13 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	1:14 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/25/2018	12:41 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018	2:40 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/26/2018	1:13 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/26/2018	2:14 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/27/2018	12:12 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/27/2018	12:38 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/28/2018	12:14 am	15	\$0.00
	Spot	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/28/2018	12:42 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/29/2018	1:42 am	15	\$0.00
	Spot	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/29/2018	2:13 am	15	\$0.00
Totals for Station: WFME-FM			No. of Spots/Misc:	213/0	Gross Amt:		\$1,227.00

Market: Baton Rouge

Station: IFME-FM

Order Line	Product Type	Ordered	Day(s)	Daypart				Rate
7	Streaming	Commercial	MTW	06:00:00-18:59:59				\$1.00
		<u>AIR</u>	<u>ISCI/SPOT TITLE</u>	<u>DATE</u>	<u>TIME</u>	<u>LEN</u>	<u>MG</u>	<u>RATE</u>
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	6:34 am	15		\$1.00



Invoice Number: 5512427057

Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart			Rate
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	7:16 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	7:42 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	7:59 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	8:18 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	9:33 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	9:55 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/9/2018	10:18 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	1:50 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/9/2018	3:15 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	6:12 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	7:17 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	9:33 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	9:54 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	11:49 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	12:16 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	1:45 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/10/2018	2:48 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	3:46 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/10/2018	5:41 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	11:48 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/11/2018	1:18 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	1:47 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/11/2018	3:42 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	6:34 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	7:16 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	8:18 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	8:41 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	9:38 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	9:55 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	12:16 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/16/2018	1:44 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	2:18 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/16/2018	2:48 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	6:14 am	15	\$1.00



Invoice Number: 5512427057

Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart			Rate
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	6:36 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	8:58 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	9:39 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	9:55 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	10:17 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	11:48 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/17/2018	1:47 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	4:18 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/17/2018	6:17 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/18/2018	6:35 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	7:18 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/18/2018	9:00 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/18/2018	10:48 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	8:18 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	8:46 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	9:38 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	9:56 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	10:19 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	11:49 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	12:45 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	2:16 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/23/2018	2:46 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/23/2018	6:44 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	6:33 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	7:17 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	8:39 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	9:34 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	9:56 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	11:16 am	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	11:47 am	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	1:46 pm	15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/24/2018	2:18 pm	15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/24/2018	6:42 pm	15	\$1.00



Invoice Number: 5512427057

Invoice Details

Order Line	Product Type	Ordered	Day(s)	Daypart	Rate
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018 6:15 am 15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018 10:47 am 15	\$1.00
	Streaming	Commercial	CTLM-11-16 (Free For / LA.LIFECHOICE/ CTLM-11-16 (Free Formula)	4/25/2018 1:19 pm 15	\$1.00
	Streaming	Commercial	LLC-1-17 / LA.LIFECHOICE/LLC-1-17	4/25/2018 6:45 pm 15	\$1.00
Totals for Station: IFMF-FM		No. of Spots/Misc:	72/0	Gross Amt:	\$72.00
Totals for Market: Baton Rouge		No. of Spots/Misc:	285/0	Gross Amt:	\$1,299.00
Totals for Invoice:		No. of Spots/Misc:	285/0	Gross Amt:	\$1,299.00



Invoice No: 5512427057

Bill To: Randy Rice & Associates
8221 Summa Ave
Ste C
Baton Rouge LA 70809

Remit To: iHeartMedia
P.O. Box 847572
Dallas, TX 75284-7572

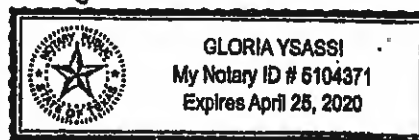
Advertiser	Louisiana Life Choice Project	Order	1102454673	Billing Period	Apr 2018
Spot Name	CTLM-11-16 (Free For / LA.LIFECHOICE/CTLM-11-16 (Free Formula)	Spot Length	15	Spot ID	1101223

State of Texas, County of BexarThe foregoing instrument was acknowledged before me by Gloria Ysassi (Name of signer(s))on this 3rd day of May 2018

Witness my hand and official seal.

Signature and seal of Notary.

Gloria Ysassi Print Name

My Commission expires: 4/25/2020

Script

TODAY'S WOMAN WANTS INDEPENDENCE, POWER, CHOICE—BUT SOMETIMES THINGS HAPPEN. YOU'VE HEARD THAT YOU CAN'T BE JUST A LITTLE PREGNANT, BUT IF YOU THINK YOU MIGHT BE JUST A LITTLE PREGNANT, CALL SOURCES FOR WOMEN, 408-81-71, THAT'S 408-8171.

\$20.00	each for 29	announcements, for a total of	\$580.00
\$6.00	each for 38	announcements, for a total of	\$228.00
\$1.00	each for 68	announcements, for a total of	\$68.00
\$0.00	each for 64	announcements, for a total of	\$0.00

Total: \$876.00

STATION DOCUMENTATION STATEMENT APPROVED BY THE CO-OPERATIVE ADVERTISING COMMITTEE OF THE ASSOCIATION OF NATIONAL ADVERTISERS.

This announcement was broadcast 199 times, as entered in the station's program log.

The times this announcement was broadcast were billed to this station's client on our Invoice number(s): 5512427057 dated 04/30/2018 at the stated earned rate above.



Invoice No: 5512427057

Bill To: Randy Rice & Associates
8221 Summa Ave
Ste C
Baton Rouge LA 70809

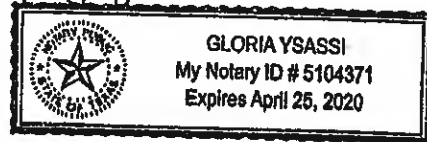
Remit To: iHeartMedia
P.O. Box 847572
Dallas, TX 75284-7572

Advertiser	Louisiana Life Choice Project	Order	1102454673	Billing Period	Apr 2018
Spot Name	LLC-1-17 / LA.LIFECCHOICE/LLC-1-17	Spot Length	15	Spot ID	1101224

State of Texas County of BexarThe foregoing instrument was acknowledged before me by Randy Rice (Name of signer(s)) Randy Riceon this 3rd day of May, 2018

Witness my hand and official seal.

Signature and seal of Notary.

Gloria Ysassi Print NameMy Commission expires: 4/25/2020

Script

TODAY'S WOMAN WANTS INDEPENDENCE, POWER, CHOICE--BUT SOMETIMES THINGS HAPPEN. YOU'VE HEARD THAT YOU CAN'T BE JUST A LITTLE PREGNANT, BUT IF YOU THINK YOU MIGHT BE JUST A LITTLE PREGNANT, CALL SOURCES FOR WOMEN, 408-81-71, THAT'S 408-8171.

\$20.00	each for 13	announcements, for a total of	\$260.00
\$6.00	each for 22	announcements, for a total of	\$132.00
\$1.00	each for 31	announcements, for a total of	\$31.00
\$0.00	each for 20	announcements, for a total of	\$0.00

Total: \$423.00

STATION DOCUMENTATION STATEMENT APPROVED BY THE CO-OPERATIVE ADVERTISING COMMITTEE OF THE ASSOCIATION OF NATIONAL ADVERTISERS.

This announcement was broadcast 86 times, as entered in the station's program log.

The times this announcement was broadcast were billed to this station's client on our Invoice number(s): 5512427057 dated 04/30/2018 at the stated earned rate above.



INVOICE

Sub Invoice for CTLM -11-16 (FREE FORMULA)

Remit To: 3631 Momentum Place

Chicago, IL 60689-5336

Station: Cumulus - Baton Rouge - WEMX-FM

Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

**Bill To: RANDY RICE & ASSOCIATES
8221 SUMMA AVENUE
SUITE C
BATON ROUGE, LA 70809-3451**

**Invoice Date: 04/29/18
Order#: 44244
Account Exec: Demarcus Jones
Estimate #:
Description:**

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	Cl	Product
Mon	04/09/18	1:14AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	6:16AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	7:16AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	10:14AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	12:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	4:28PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	5:26PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	7:25PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	8:14PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	9:18PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/09/18	11:14PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	12:15AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	2:14AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	7:20AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	7:54AM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	12:17PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	2:18PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	3:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	5:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	8:17PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	10:14PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/10/18	11:14PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	2:14AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	3:14AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	5:38AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	9:14AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	12:17PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	2:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)



INVOICE

Sub Invoice for CTLM -11-16 (FREE FORMULA)

Remit To: 3631 Momentum Place
Chicago, IL 60689-5336
Station: Cumulus - Baton Rouge - WEMX-FM
Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

Bill To: RANDY RICE & ASSOCIATES
8221 SUMMA AVENUE
SUITE C
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18
Order#: 44244
Account Exec: Demarcus Jones
Estimate #:
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	CD	Product
Mon	04/16/18	5:25PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	6:18PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	7:42PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	9:14PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/16/18	10:14PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/17/18	1:14AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/17/18	3:14AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/17/18	4:15AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/17/18	9:17AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/17/18	10:14AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/17/18	2:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/17/18	5:52PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/17/18	6:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/17/18	9:14PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/17/18	10:14PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/23/18	5:16AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/23/18	8:16AM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/23/18	11:14AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/23/18	12:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/23/18	2:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/23/18	3:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/23/18	5:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/23/18	6:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Mon	04/23/18	7:14PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/23/18	9:14PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Mon	04/23/18	10:14PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/24/18	5:16AM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/24/18	11:14AM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)



INVOICE

Sub Invoice for CTLM -11-16 (FREE FORMULA)

Remit To: 3631 Momentum Place
Chicago, IL 60689-5336
Station: Cumulus - Baton Rouge - WEMX-FM
Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

Bill To: RANDY RICE & ASSOCIATES
8221 SUMMA AVENUE
SUITE C
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18
Order#: 44244
Account Exec: Demarcus Jones
Estimate #:
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	Cl	Product
Tue	04/24/18	1:45PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/24/18	2:14PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/24/18	3:17PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/24/18	5:30PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/24/18	6:14PM	15	802462	\$30.00	B	CTLM -11-16 (FREE FORMULA)
Tue	04/24/18	8:14PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/24/18	9:14PM	15	802463	\$7.00	C	CTLM -11-16 (FREE FORMULA)
Tue	04/24/18	11:14PM	15	802464	\$1.00	C	CTLM -11-16 (FREE FORMULA)

Gross Amount \$978.00
Agency Commission \$146.70
Net Amount \$831.30

Total Spots 64

Terms: Due on Receipt



INVOICE

Sub Invoice for LLC-1-17

Remit To: 3631 Momentum Place
Chicago, IL 60689-5336
Station: Cumulus - Baton Rouge - WEMX-FM
Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

Bill To: RANDY RICE & ASSOCIATES
8221 SUMMA AVENUE
SUITE C
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18
Order#: 44244
Account Exec: Demarcus Jones
Estimate #:
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	Cl	Product
Mon	04/09/18	8:20AM	15	802463	\$7.00	C	LLC-1-17
Mon	04/09/18	9:14AM	15	802462	\$30.00	B	LLC-1-17
Mon	04/09/18	1:14PM	15	802462	\$30.00	B	LLC-1-17
Mon	04/09/18	6:14PM	15	802462	\$30.00	B	LLC-1-17
Mon	04/09/18	10:14PM	15	802463	\$7.00	C	LLC-1-17
Tue	04/10/18	6:17AM	15	802462	\$30.00	B	LLC-1-17
Tue	04/10/18	10:51AM	15	802464	\$1.00	C	LLC-1-17
Tue	04/10/18	4:24PM	15	802462	\$30.00	B	LLC-1-17
Tue	04/10/18	9:14PM	15	802464	\$1.00	C	LLC-1-17
Mon	04/16/18	1:14AM	15	802464	\$1.00	C	LLC-1-17
Mon	04/16/18	4:14AM	15	802464	\$1.00	C	LLC-1-17
Mon	04/16/18	11:14AM	15	802462	\$30.00	B	LLC-1-17
Mon	04/16/18	4:53PM	15	802462	\$30.00	B	LLC-1-17
Mon	04/16/18	8:14PM	15	802463	\$7.00	C	LLC-1-17
Tue	04/17/18	2:14AM	15	802464	\$1.00	C	LLC-1-17
Tue	04/17/18	5:34AM	15	802464	\$1.00	C	LLC-1-17
Tue	04/17/18	4:31PM	15	802462	\$30.00	B	LLC-1-17
Tue	04/17/18	8:14PM	15	802463	\$7.00	C	LLC-1-17
Tue	04/17/18	10:44PM	15	802463	\$7.00	C	LLC-1-17
Mon	04/23/18	10:25AM	15	802464	\$1.00	C	LLC-1-17
Mon	04/23/18	1:14PM	15	802464	\$1.00	C	LLC-1-17
Mon	04/23/18	4:32PM	15	802462	\$30.00	B	LLC-1-17
Mon	04/23/18	8:14PM	15	802464	\$1.00	C	LLC-1-17
Mon	04/23/18	11:14PM	15	802464	\$1.00	C	LLC-1-17
Tue	04/24/18	12:14PM	15	802462	\$30.00	B	LLC-1-17
Tue	04/24/18	4:34PM	15	802462	\$30.00	B	LLC-1-17
Tue	04/24/18	7:14PM	15	802463	\$7.00	C	LLC-1-17



INVOICE

Sub Invoice for LLC-1-17

Remit To: 3631 Momentum Place
Chicago, IL 60689-5336
Station: Cumulus - Baton Rouge - WEMX-FM
Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

Bill To: RANDY RICE & ASSOCIATES
8221 SUMMA AVENUE
SUITE C
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18
Order#: 44244
Account Exec: Demarcus Jones
Estimate #:
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	Cl	Product
Tue	04/24/18	10:14PM	15	802463	\$7.00	C	LLC-1-17

Gross Amount \$389.00
Agency Commission \$58.35
Net Amount \$330.65

Total Spots 28

Terms: Due on Receipt



INVOICE

Sub Invoice for LOUISIANA LIFE CHOICE**STREAMING**

Remit To: 3631 Momentum Place

Chicago, IL 60689-5336

Station: Cumulus - Baton Rouge - WEMX-FM

Phone#: 504-581-7002

LOUISIANA LIFE CHOICE PROJECT

Invoice #: 1260399 CO-OP

Bill To: **RANDY RICE & ASSOCIATES**
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SUITE C
BATON ROUGE, LA 70809-3451

Invoice Date: 04/29/18
Order#: 44244
Account Exec: Demarcus Jones
Estimate #:
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	Cl	Product
Mon	04/09/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/09/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/09/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/09/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/09/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/10/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/10/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/10/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/10/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/10/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/11/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/11/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/11/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/11/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/11/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/12/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/12/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/12/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/12/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/12/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/13/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/13/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/13/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/13/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/14/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/14/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**



INVOICE

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Order#: 44244
Account Exec: Demarcus Jones
Estimate #:
Description:

Terms: Due on Receipt

V 4.2

Day	Date	Time	Len	Line	Rate	CI	Product
Sat	04/14/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/14/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/14/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/16/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/16/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/16/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/16/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/16/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/17/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/17/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/17/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/17/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/17/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/18/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/18/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
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Wed	04/18/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/19/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/19/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/19/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/19/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/20/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/20/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/20/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/20/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**



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Day	Date	Time	Len	Line	Rate	Cl	Product
Fri	04/20/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/21/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/21/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/21/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/21/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/21/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/23/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/23/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/23/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/23/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Mon	04/23/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/24/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/24/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/24/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/24/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Tue	04/24/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/25/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/25/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/25/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/25/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Wed	04/25/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/26/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/26/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/26/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Thu	04/26/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/27/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**



INVOICE

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Day	Date	Time	Len	Line	Rate	Cl	Product
Fri	04/27/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/27/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/27/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Fri	04/27/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/28/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/28/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/28/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/28/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**
Sat	04/28/18		0	802465	\$0.00	B	LOUISIANA LIFE CHOICE**STREAMING**

Gross Amount \$0.00
Agency Commission \$0.00
Net Amount \$0.00

Total Spots 0
NO COPY AVAILABLE
Terms: Due on Receipt

SWORN TO AND SUBSCRIBED BEFORE ME

THIS 15th DAY OF May, 2018
Debra J. Roberson
NOTARY PUBLIC STATE OF LOUISIANA

DEBRA J. ROBERSON
NOTARY PUBLIC - NO. 48897
STATE OF LOUISIANA
PARISH OF EAST BATON ROUGE
MY COMMISSION IS FOR LIFE



**GULF COAST BANK
& Trust Company**

Created ▾	Status ▾	Approvals ▾	Transaction Type ▾	Account ▾	Amount ▾
6/5/2018	Authorized	1 of 1	ACH Batch - Tracking ID: 164178	LCP CHECKING xxxxxx6649	\$2,666.00

Tracking ID: 164178

Total Amount: \$2,666.00

Created: 06/05/2018 10:36 AM

Total Payments: 1

Created By: DOROTHY WALLIS

From: LCP CHECKING xxxxxx6649

Authorized: 06/05/2018 10:36 AM

ACH Class Code: CCD

Authorized By: DOROTHY WALLIS

ACH Header: CARING TO LOVE M

Will process On: 6/5/2018

Effective: 6/6/2018

RECIPIENTS:

Name	ACH Name	ACH Id	Amount	Account Number	Account Type	Routing Number	Email Address
RANDY RICE AND ASSOC	RANDY RICE AND ASSOC		\$2,666.00	XXXXX7939	Checking	XXXXX0137	

Addenda: Media-April 2018

APPROVAL(S):

1 DOROTHY WALLIS

PO# 2000 224936-0418SUPP

SECTION D-Operating Expense-Media

LCP Budget to reimburse CTLM = \$2666.00 Randy Rice & Assoc

CARING TO LOVE

Pregnancy Clinic



3 WAYS TO SURVIVE A SUMMER PREGNANCY

Summer is finally here, but the heat isn't making your pregnancy any easier. Here are a few tips to help survive the heat.
p. 01

PROVIDERS CORNER

Post-term pregnancy. What is it? What causes it? Are you at risk?
p. 02

DADS DURING PREGNANCY

Dads guide to induction. p. 02

3 WAYS TO SURVIVE A SUMMER PREGNANCY

Source: <https://www.thebump.com/a/5-ways-to-survive-a-summer-pregnancy>

During pregnancy, the changing hormone levels can leave your mouth more vulnerable to bacteria and plaque, both of which create tender gums during pregnancy. This can put you at greater risk for tooth decay and gum disease.

Here are a few dental issues to monitor during pregnancy:

- Getting enough fluids is especially tough in the hot summer months. Ordinarily, you should try to drink two liters of clear liquids every day, but in the summer, according to NYC nutritionist Lara Englehardt Metz, MS, RD, CDN. You need to add eight ounces for every hour you spend in the heat. That's basically the amount you'll be sweating out.
- Edema can be worse in summer, causing your calves, ankles, and feet to become one wide, bloated mass. To help reduce swelling, make an effort to keep your legs up whenever you can — even in the office," says Lara. For an extra-relaxing way to lounge, try a comfy hanging seat like the colorful, handmade, Mayan hammock chair.
- Okay, so the summer may have you chafing a bit. But the best thing about a summer pregnancy: lightweight and comfy maternity clothes! For maximum cuteness and comfort, go for loose, light-colored clothes. This helps keep you from overheating and allows sweat to evaporate, preventing nasty rashes.





DADS DURING PREGNANCY

Dad's Guide to Induction

Source: <https://mybabymanual.co.uk/blog/partners-perspective/overdue-the-waiting-is-almost-over/>

Induction of labor is, undeniably, best practice, but don't feel alarmed just because the baby hasn't arrived on time. One 2018 study reported in the journal Human Reproduction looked at the experiences of 125 pregnancies and found that the length of full-term pregnancy can vary by as much as five weeks. Let's look at what induction of labor means, what will happen and how you can prepare yourself (oh and, yes, your very pregnant partner, as well).

- Above all, try not to panic or to feel pressure about your partner going naturally into labor. Babies have a knack of doing the same thing around the time of their due date – don't get over anxious about it and he'll make an appearance at roughly the right time. But if they don't, you (well, the medical team) may have to wade in with a swift prompt. So, while being relaxed about it is a very good thing, it's a good idea to prepare for induction.
- Medical induction begins with a procedure known as a membrane or cervical sweep, during which the doctor or midwife sweeps a finger through the cervix in order to separate the membranes of the amniotic sac from the cervix. This releases labor hormones called prostaglandins and oxytocin, which will hopefully begin your labor.
- The method mentioned above may not always work and it may be necessary to use a cervical softener to dilate the cervix. This is done in the form of a pessary (a tablet inserted into the vagina) or sometimes a gel, and in most cases contractions will begin within six hours – a second dose of the gel or pessary may be necessary if it doesn't.
- If you are having a planned induction you can use it as an opportunity to be thoroughly prepared. This means that you can get everything ready at home while also taking time out to help your partner feel as relaxed as possible – think nice meals, massages and warm baths!

PROVIDERS CORNER

Post-term pregnancy

Source: <https://www.birthinginjuryguide.org/birth-injury/causes/post-term-pregnancy/>

Post-term pregnancy is defined as a pregnancy that lasts longer than 42 weeks; two weeks past the normal 40-week gestation period. Since a post-term pregnancy is linked with both fetal and maternal health complications, doctors usually do everything they can to ensure that an infant is delivered as close to the due date as possible.

In many cases, post-term pregnancy is a matter of miscalculating conception date. Although there is no 100% guarantee of an infant's due date, an early ultrasound will give a better idea of the estimated due date. Other factors that may contribute to post-term pregnancy include:

- Previous post-term pregnancies
- Maternal obesity
- Sulfatase deficiency in the placenta
- Central nervous system abnormalities
- Anencephaly



Typical treatment options may include:

- Antenatal Fetal Monitoring - An infant may be monitored closely once the due date has passed in order to detect any signs of distress.
- Contraction Stress Test: A contraction stress test will provide Oxycontin to the mother in an attempt to start contractions.
- Labor Induction: Labor induction can include a scheduled C-section or medication applied to the cervix that promotes contractions.



DID YOU KNOW...

When to Call Your Doctor

Source: <https://www.parents.com/pregnancy/complications/health-and-safety-issues/reasons-to-call-the-doctor/>

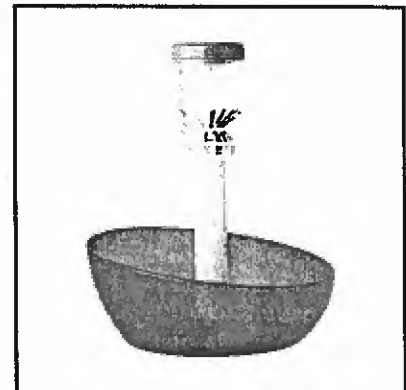
Pregnancy can be a time of lots of questions, especially when it comes to your and your baby's health. Knowing what's safe and what's not—and when symptoms necessitate a call to your doctor is important. Here's a primer on when you should pick up the phone.

- **Bleeding, fever, pain, and chills** - Although a sensitive cervix can mean light spotting for many women during pregnancy (less than a dime-sized amount), moderate to heavy vaginal bleeding or any type -- of vaginal bleeding accompanied by fever, pain, and/or chills.
- **Headache, fainting, and dizziness** - Can't seem to shake a headache? If you find you're suffering from a severe and persistent headache -- especially if it is accompanied by fainting, dizziness, and/or blurred vision.
- **Frequent and painful urination** - Although frequent urination is a common complaint during pregnancy, burning and pain upon voiding your bladder is not. This symptom is the telltale sign of a bladder infection -- a common occurrence for many women, and especially uncomfortable during pregnancy.
- **Moderate to severe bouts of pelvic pain** - Many moms-to-be experience a certain amount of pelvic pressure during pregnancy. However, severe and persistent pain (not just a twinge or ache) can be a sign of concern.

WHAT'S NEW FOR MOMS:

Boon SUDS Bottle Washer

Help your favorite beauty-lovin' mom-to-be preserve her mani. Simply place a bottle on the pump and press down — Boon SUDS does the rest.



FITNESS & EXPECTANT MOTHERS:

Tips for Losing Baby Weight

Source: <https://www.parents.com/pregnancy/complications/health-and-safety-issues/reasons-to-call-the-doctor/>

- Experts say a dramatic cut in calories is not the best way to begin -- particularly if you are breastfeeding. You should be eating at least 1,800-2,000 calories a day while breastfeeding.
- While postpartum dieting may be off-limits for awhile, exercise is highly recommended. Experts say it can not only help you get your body back, but also increase energy and may even reduce risks of postpartum depression.
- Experts say one of the easiest ways to begin a postpartum exercise routine is by walking. And you can even get baby in on the fun!
- No matter how eager you are to lose your baby fat, experts caution against any activities that put major stress on your joints -- such as jogging, jumping, or running -- for at least six to eight weeks.